

2022-2023 HOSA Student and Parent Letter

September 2, 2022

Dear Parent(s),

All students at DeBakey HSHP are required to be enrolled in a Health Science class. Health Science teachers are encouraged to be chapter advisors for an organization called HOSA: Future Health Professionals. The purpose of HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skills, and leadership development to all health science technology students, thereby helping the students to meet the needs of the health care community. Students are encouraged to join HOSA. By joining, students have the opportunity to engage in **community service** and to **compete** in various health-related events at the area, state, and national levels.

DeBakey HSHP strives to provide our students with challenging and rewarding activities that will enhance growth in knowledge, skills, and leadership. Therefore, we are inviting your son or daughter to join this worthwhile organization. It is always an advantage to be able to declare on job, college, and scholarship applications that you were part of a nationally known organization like HOSA. It is even more impressive to state that you were an area, state, or national winner at a HOSA conference.

In order for your student to participate in the HOSA Competitions, he/she will have to meet minimum standards for competition as set by HOSA and DeBakey HSHP. Please note that registration fees for competition(s) are **not** included in the HOSA dues paid upon initial membership. The student's HOSA advisor will declare and collect registration fees and hotel costs prior to each conference(s) for which the student qualifies. Students who place 1st, 2nd, or 3rd in each competition will advance to the next level. Fall Leadership Conference (optional) \$20; Area Conference is approximately \$; State Conference (must qualify) is approximately \$200; and International Conference (must qualify) is approximately \$300.

The HOSA advisors at DeBakey would like to keep costs minimal for all students who are able to participate and compete at the higher levels. For this to be possible, **we must have fundraisers**. We are asking for your assistance in this matter as well as helping to chaperone students at HOSA competitions. We will need parents to donate water and snacks and we need chaperones. If you are unable to donate snacks or drinks, we ask you to donate \$20 so that the sponsors can purchase these items for your children. We greatly appreciate any assistance.

To join HOSA, students must complete a HOSA application and pay their HOSA affiliation dues. **This letter is not an application.** The fee to join HOSA this year is **\$65.00 and can be paid on Schoolpay**. This fee includes National dues \$10.00, State dues \$15.00, Local dues \$20.00, and a t-shirt \$20.00.

The deadline for submitting the application and dues is Friday, Sept. 16th.

If you are wanting to run for officer position, your deadline for submitting the application and dues is Friday, Sept. 16th. Fall leadership conference will be Sat. Oct. 22nd and you must attend this if you are an officer.

Application and Schoolpay receipt should be turned in to each student's HOSA Advisor.
Schoolpay payment.

- Go to schoolpay.com
- First time users must create an account or log in if you are a returning user.
- Follow instructions and enter the requested information concerning your student.
- Chose the item description: HOSA National, State & Local Fees/Dues
- Under "Additional information required", select students t-shirt size.
- Checkout and enter required payment information.
- Print the HOSA paid receipt and submit it with the HOSA application to their advisor.

For a detailed description of the available competitive event categories, visit www.hosa.org

- Click the tab for "Competitive Event"
- Click the link for "Guidelines"

Please explore www.texashosa.org and hosa.org website's other links and information and dates for conferences.

A list of advisors will be provided to students seeking additional guidance for their HOSA event. The student does not need to join that advisor's chapter to compete in that event. It is for guidance only in that event.

We hope that you, as well as your son or daughter will take advantage of this great opportunity and that you will support our HOSA efforts to make this school year the best in HOSA history. Your help and support are very much appreciated.

**PLEASE SIGN UP FOR ADVIOSOR HOSA REMIND'S TO RECEIVE
IMPORTANT UPDATES**

HOSA REGISTRATION FORM FOR DEBAKEY HSHP STUDENTS

Date submitted _____ (Advisor complete)

Please type application in ALL CAPS. Print two copies. You will not be able to save this document on your computer.

Date of Birth _____ / _____ / _____ Gender: _____ Male _____ Female T-shirt Size _____ Grade Level _____

Last Last Name _____ First Name _____

Student's HISD email address (Print Legibly) _____

Parent Cell Number: _____ Students Cell Number _____

Ethnicity: _____ Asian _____ Black _____ Hispanic _____ White _____ Native American

Are you a vegetarian? _____ Yes _____ No

HOSA OFFICE (You have the opportunity to receive leadership training)

If you would like to run for HOSA Office please check only **one** of the following boxes after reading and understanding what your HOSA duties will be. You must also agree to attend the Area II Fall Leadership Conference (usually held on a Saturday morning). As an officer you will be expected to conduct all meetings according to Robert's Rules of Order.

_____ I do **not** wish to run for a HOSA Chapter Office

_____ **President** - presides over & conducts meetings, coordinates activities and keeps chapter on task, and appoints committees.

_____ **Vice President** - assists president, and presides in presidents' absence, and coordinates all committee work.

_____ **Secretary** - prepares and reads the minutes of meetings, types agenda, keeps roll at meetings, prepares all chapter written documents and reports, and works with treasurer in keeping the membership list and distributing membership cards.

_____ **Treasurer** - keeps records of all chapter funds neat and accurate, collects all monies, assists in preparing chapter budget..

_____ **Historian** - Maintains a history of local HOSA activities, compiles chapter scrapbook, & may presents book at Conference.

HOSA COMPETITION Make sure you read and understand the competition agreement on the reverse of this form. Please make sure to make 3 event choices. You will be placed in **only one** of your 3 choices: Your HOSA advisor will inform you of which event you were placed. (Advisor will check choice assigned)

1st event choice _____ 2nd event choice _____ 3rd event choice _____

Do you want to compete Health Care issues exam (additional \$5.00) _____ Yes _____ No

Do you want to sign up for the Barbara James Service Award? _____ Yes _____ No (must have a min of 100 hrs)

<u>PERIOD</u>	<u>SUBJECT</u>	<u>ROOM</u>	<u>INSTRUCTOR</u>
<u>HR</u>			
<u>TUTORIAL</u>			
<u>A1</u>			
<u>A2</u>			
<u>A3</u>			
<u>A4</u>			
<u>B1</u>			
<u>B2</u>			
<u>B3</u>			
<u>B4</u>			

Competitive Event Participation Agreement

DeBakey' HOSA Competition Mission: To prepare DeBakey HSHP students to represent our school at HOSA competition and to ensure that they demonstrate the quality of work that reflects well on their abilities and knowledge. This is a participation agreement between the HOSA advisors at DeBakey High School for Health Professions and the HOSA Student listed on this application, and we mutually agree to the following terms and conditions:

1. In order for your student to participate in the HOSA Spring Competition, students will have to meet minimum standards for their contest as set by HOSA and DeBakey HSHP.
2. HOSA tutorials are available by appointment with the HOSA advisor assigned to assist with that competitive event. See the HOSA board for the list. Tutorials are not required but are recommended.
3. Since HOSA requires advance, non-refundable fees for HOSA competition, *no refund* will be given in the event that a student decides not to participate or if the student is ineligible to compete (UIL rules are applicable).
4. When the school district pays fees such as, hotel, airfare etc, for a student to attend a conference and the student does not attend, the student/parent will be required to reimburse the school district for any lost funds.
5. Failure to return any HOSA documentation by the deadline will cause the student to be ineligible to compete. As a parent of a HOSA student, I can assist in the following area(s):
6. Student is expected to attend all mandatory monthly meetings, participate in fundraising, and community service projects.

***CHAPERONES MUST BE CLEARED THROUGH VIPS (VOLUNTEERS IN PUBLIC SCHOOLS).**

- _____ Donate snacks & drinks for HOSA events & competitions.
- _____ HOSA Area II *chaperone.
- _____ HOSA State *chaperone.
- _____ Finding corporate sponsors to help pay for State and National Conference.
- _____ Help judge at the HOSA qualifying event. (An event that your students is not competing)
- _____ Help train or find trainers to help with competitions in the areas we cannot cover at DeBakey such as Veterinary Assisting, Sports Medicine, Physical Therapy Aide, and Emergency Medical Technician.
- _____ Help *chaperone students who want to practice their group event after school in cafeteria, breezeway etc.
- _____ Other _____ (Please specify.)

_____ I cannot assist in any of the following areas, but will be glad to give a minimum \$20 donation to the HOSA club to support my child. Only cash donations can be accepted. Thank you.

Emergency information:

Mother _____ **Work** _____ **Occupation** _____
Cell Phone _____ **E. Mail** _____
Father _____ **Work** _____ **Occupation** _____
Cell Phone _____ **E. Mail** _____

Emergency Contact Person _____ **Phone** _____ **Relation** _____

I have read the participation agreement above and agree to abide by its terms and conditions.

It is the policy of the **Houston Independent School District** not to discriminate on the basis of age, sex, color, handicap or disability, ancestry, national origin, marital status, race, and religion.

Parent's Signature

Date

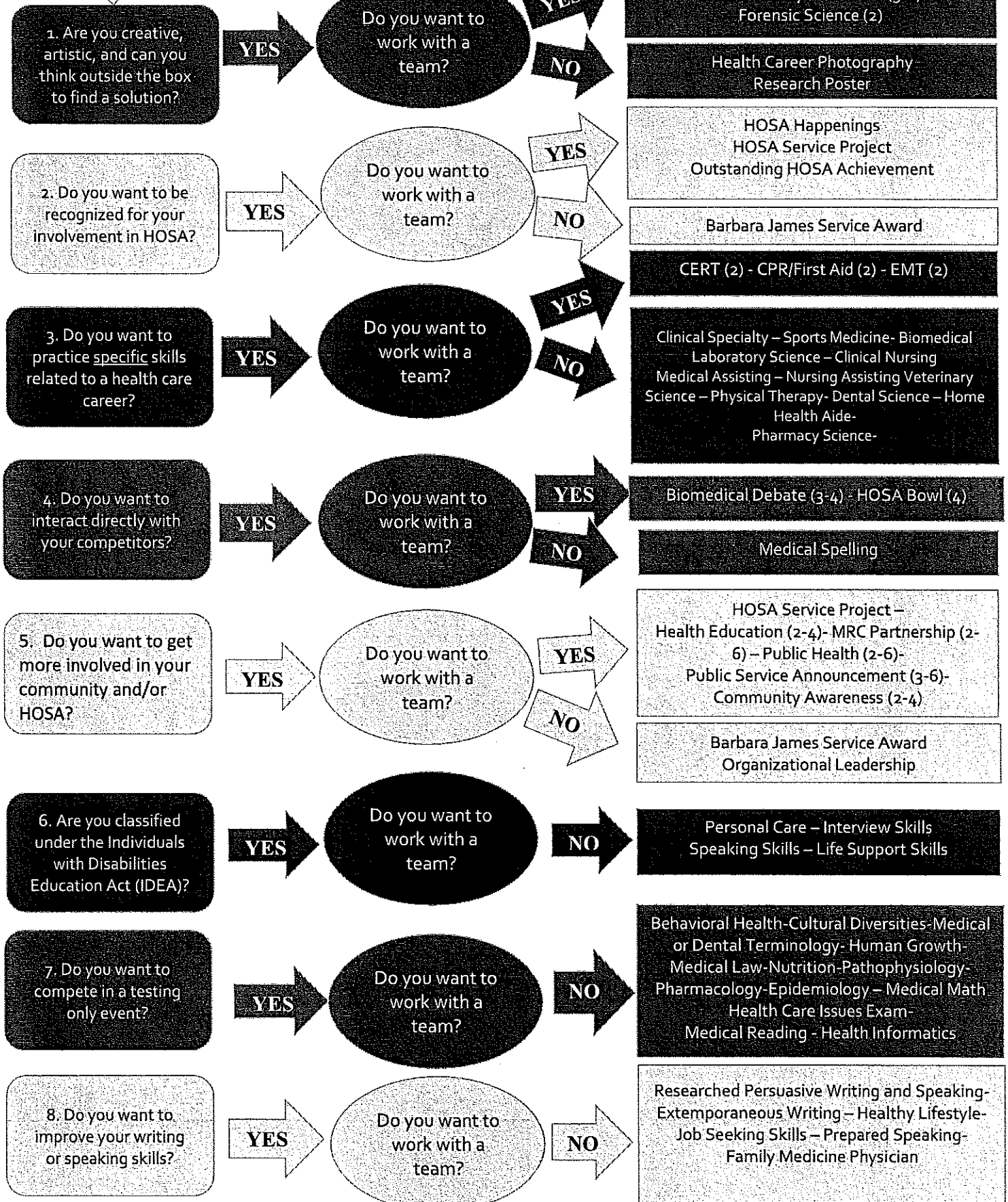
HOSA Student's Signature

Date

START HERE!

How to Choose a HOSA Competitive Event That's Right For You!

Secondary/Postsecondary Division



HOSA Competitive Event Summaries

SECONDARY AND POSTSECONDARY / COLLEGIATE DIVISIONS

<i>Health Science Events</i>	
Medical Spelling	Round One is a written test. Round Two is like a traditional spelling bee. Competitors must correctly spell a randomly selected word.
Medical Math	Competitors will apply mathematical principles to solve problems related to health care in this written test.
Medical Reading	Competitors read the five selected books for the year. A multiple choice test is taken with one short essay tiebreaker. The questions will require the students to apply, analyze, synthesize, and evaluate information from reading the assigned books.
<ul style="list-style-type: none"> • Behavioral Health • Cultural Diversity & Disparities in Healthcare • Dental Terminology • Health Informatics • Human Growth and Development • Medical Law & Ethics • Medical Terminology • Nutrition • Pathophysiology • Pharmacology 	These events are written tests with tie breaker questions. Competitors select an event, then use the resources in the guidelines to study and take the test for competition.
<i>Health Professions Events</i>	
Biomedical Laboratory Science Clinical Nursing Dental Science Home Health Aide Medical Assisting Nursing Assisting Pharmacy Science Physical Therapy Sports Medicine Veterinary Science	Competitors will complete a written test with top competitors advancing to Round 2 where they will perform skills related to a specific health career. Competitors practice, practice, and practice until they are proficient in ALL the skills in the event guidelines. During the skill round two, competitors perform one or more of the skills in the guidelines after being given a mock scenario. Skill events offer an excellent opportunity to extend classroom learning and to work directly with health professionals in your chosen career field.
Family Medicine Physician	Competitors will conduct interviews to learn more about family medicine, and then will share their finding with their peers through a presentation. For competition, competitors will present their peer presentation, in addition to what they have learned, to a panel of judges.
*Personal Care	This event is for HOSA members classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). It is similar to Nursing Assisting, except a written test is not included. Competitors practice, practice, and practice until they are proficient in all the skills in the event guidelines.
Clinical Specialty	This event consists of the development of a career portfolio and a recorded demonstration of the HOSA student performing a skill related to the chosen career. HOSA members may choose a health related skill that is not already being performed in any other HOSA event.

HOSA Competitive Event Summaries

SECONDARY AND POSTSECONDARY / COLLEGIATE DIVISIONS

Leadership Events	
Extemporaneous Writing	Competitors have 1 hour to complete an essay on the secret topic that is health related.
Health Career Photography	Competitors showcase three photographs taken of different health science careers. Top competitors advance to Round 2 and present their photos to judges.
Healthy Lifestyle	Competitors write and follow a SMART goal, documenting their process in a portfolio. The event includes a Round One written test with top competitors advancing to Round 2 where they will present their progress to a panel of judges.
*Interviewing Skills	This event is for HOSA members classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). Competitors create a digital profile, write a resume and personal statement, and then participate in a simulated job interview with judges for a position of their choice, similar to Job Seeking Skills.
Job Seeking Skills	Competitors create a digital profile, write a resume and personal statement, and then participate in a simulated job interview with judges for a position of their choice.
Organizational Leadership	This event is for competitors who want to become a Voting Delegate for their chartered association at ILC. Each chartered association may have different processes in place to select their Voting Delegates. All selected delegates will complete required paperwork and review Executive Council candidate information prior to attending ILC.
Prepared Speaking	This event involves giving a prepared speech to a panel of judges about the Annual HOSA chosen theme.
Research Poster	This event allows competitors to pose a research question / hypothesis in an area within healthcare and conduct research surrounding this topic. Competitors will create a research poster containing the findings of their research, in addition to presenting this poster and research content to a panel of judges.
Researched Persuasive Writing and Speaking	This event allows competitors to take a stand, either for or against a selected topic. Competitors research the topic to gather facts in support of an opinion, write a paper, and then give a speech to a panel of judges.
*Speaking Skills	This event is for HOSA members classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). This event involves giving a prepared speech to a panel of judges about the Annual HOSA chosen theme, similar to Prepared Speaking.
Teamwork Events	
Biomedical Debate	Teams of 3-4 members will take a Round One written test with top scoring teams advancing to Round 2 where they will participate in a debate-like format. The topic of debate will be announced annually.
Community Awareness	Teams of 2-4 chapter members work within their community to select a health-related issue and then raise community awareness of that issue. The product of the project is a community event, portfolio of activities and a presentation to a panel of judges.
Creative Problem Solving	Teams of 3-4 members will take a Round One written test with top scoring teams advancing to Round 2 where they are given a secret problem related to a health issue to solve. Solutions are then presented to a panel of judges.
Forensic Science	Teams of 2 members will take a Round One written test with top scoring teams advancing to Round 2 where they are given a forensic science case study to analyze. This event may involve the viewing of crime scenes/evidence.
Health Career Display	Teams of 2 competitors develop a display of a specific career in health with top teams advancing to Round 2 where they present their findings to judges.
Health Education	Teams of 2-4 competitors select a health-related concept or instructional objective, then prepare a lesson, provide instruction to an audience, evaluate results, and present their experience to judges.
HOSA Bowl	Teams of 4 HOSA competitors take a Round One written test on HOSA knowledge, parliamentary procedure and medical knowledge. Top scoring teams then advance to Round 2 where they compete head to head with another team to correctly answer the most questions.
Medical Innovation	Teams of 2-4 people will create original Medical Innovations with top scoring teams advancing to Round 2 where they will present their original innovation to judges.

HOSA Competitive Event Summaries

SECONDARY AND POSTSECONDARY / COLLEGIATE DIVISIONS

Teamwork Events Cont'd

Parliamentary Procedure	Teams of 5-8 members will take a Round One written test with top scoring teams advancing to Round 2 where they conduct a proper business meeting, addressing the motions provided in a secret problem.
Public Service Announcement	Teams of 3-6 people will create a 30 second visual PSA to increase awareness of an annually announced healthcare issue or service topic to be shared with a community audience. For competition, teams will present their PSA and process to a panel of judges.

Emergency Preparedness Events

CERT Skills	Teams of 2 competitors will complete a Round One written test with top scoring teams advancing to Round 2 and perform Community Emergency Response Team skills (needed to respond to the community's immediate needs in the aftermath of a disaster, when emergency services are not immediately available). During the skill round, competitors perform one or more of the skills in the guidelines after being given a mock scenario.
CPR/First Aid & EMT	Teams of 2 competitors will complete a Round One written test with top scoring teams advancing to Round 2 and then work together to demonstrate their skills in a simulated emergency situation. During the skill round, competitors perform one or more of the skills in the guidelines after being given a mock scenario.
Epidemiology	Competitors take a written test relating to epidemiology – the study of the effects of health and disease in populations. The event guidelines contain resources to help the HOSA member decide what to study.
*Life Support Skills	This event is for HOSA members classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). It is similar to CPR/First Aid, except a written test is not included. Competitors practice, practice, and practice until they are proficient in all the skills in the event guidelines.
MRC Partnership	Teams of 2-6 members develop a portfolio highlighting their chapter's partnership with the Medical Reserve Corps. Teams then present their involvement to judges.
Public Health	Teams of 2-6 members develop a presentation to educate the public on a specific topic chosen by HOSA-Future Health Professionals annually. Teams will perform a short presentation for judges. Top scoring teams advancing to Round 2 will then present their full community presentation to judges.

Recognition Events

Healthcare Issues Exam	HOSA members take a written test measuring their knowledge of current health issues. All members who reach a mastery level are awarded Certificates of Achievement.
HOSA Service Project	Local HOSA chapters plan service projects to support the selected health organization. 2020-2022 Service Organization: <u>Be The Match</u>
Barbara James Service Award	This event provides recognition to individual HOSA members for volunteer service in their community.
HOSA Happenings	This event is a multimedia chapter communication event. Chapters tell their story using a media platform of their choice. Chapters who meet the requirements will be awarded a Certificate of Excellence.
Outstanding HOSA Leader	This event allows each HOSA chartered association/state to honor one leader in recognition of the member's commitment to HOSA and outstanding leadership. Each chartered association/state will determine the criteria and selection process.
Outstanding HOSA Achievement	This event allows each HOSA chartered association/state to showcase efforts by the chartered association/state for activities that are not part of the official HOSA Competitive Events (CE) program. Recognition is given to the state as a whole, as well as to all the individual members who participate in the special project.

*These events are for HOSA members classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA).

HOSA COMPETITIVE EVENTS PROGRAM

Event Abbreviations: This page provides a summary of all events in the HOSA Competitive Events Program for membership year 2022-2023. There are 72 unique traditional competitive events being offered (plus 14 Academic Testing Center Events, for 86 total. Often these Event Abbreviations are used as short-hand when referencing event names.

EVENT	ABBREVIATION	EVENT	ABBREVIATION
Health Science Events		Teamwork Events	
1. Behavioral Health	BH	46. Biomedical Debate	BD
2. Cultural Diversities & Disparities in Healthcare	CDD	47. Community Awareness#	CA
3. Dental Terminology	DT	48. Creative Problem Solving	CPS
4. Health Informatics	HI	49. Forensic Science	FS
5. Human Growth & Development	HGD	50. Health Career Display#	HCD
6. Medical Law and Ethics	MLE	51. Health Education#	HE
7. Medical Math	MM	52. HOSA Bowl	HB
8. Medical Reading	MR	53. Medical Innovation#	MI
9. Medical Spelling	MS	54. Parliamentary Procedure#	PP
10. Medical Terminology	MT	55. Public Service Announcement#	PSA
11. Nutrition	NUT	Recognition	
12. Pathophysiology	PAT	56. Barbara James Service Award	BJSA
13. Pharmacology	PHA	57. Healthcare Issues Exam	HCIE
Health Professions Events		58. HOSA Happenings#	HH
14. Biotechnology	BT	59. HOSA Service Project	NS
15. Clinical Laboratory Science	CL	60. Outstanding HOSA Achievement	OHA
16. Clinical Nursing	CN	61. Outstanding HOSA Leader	OHL
17. Clinical Specialty#	CS	Middle School Events	
18. Dental Science	DS	<i>Health Science</i>	
19. Family Medicine Physician	FMP	62. Health Career Exploration	M-HCE
20. Home Health Aide	HHA	63. Foundations of Medical Terminology	M-FMT
21. Medical Assisting	MA	64. Math for Health Careers	M-MHC
22. Nursing Assisting	NA	65. Foundations of Medical Reading	M-MR
23. Personal Care*#	PC	66. Foundations of Nutrition	M-NUT
24. Pharmacy Science	RX	<i>Emergency</i>	
25. Physical Therapy	PT	67. Life Threatening Situations	M-LTS
26. Sports Medicine	SM	68. Public Health	PH
27. Veterinary Science	VS	<i>Leadership</i>	
Emergency Preparedness Events		69. Extemporaneous Health Poster	M-EHP
28. CERT Skills	CERT	70. Health Career Preparation#	M-HCP
29. CPR/First Aid	CPR	71. Healthy Lifestyle#	HL
30. Emergency Medical Technician	EMT	72. Prepared Speaking	PS
31. Epidemiology	EP	73. Speaking Skills*#	SS
32. Life Support Skills*#	LSS	<i>Teamwork</i>	
33. Mental Health Promotion	MH	74. Dynamic Decisions	M-DD
34. MRC Partnership#	MRC	75. Exploring Medical Innovation#	M-EMI
35. Public Health	PH	76. Health Career Display#	HCD
Leadership Events		77. Health Education#	HE
36. Extemporaneous Writing	EW	78. HOSA Bowl Middle School	M-HB
37. Health Career Photography#	HCP	<i>Recognition</i>	
38. Healthy Lifestyle#	HL	79. Barbara James Service Award	BJSA
39. Interviewing Skills*#	IS	80. HOSA Happenings#	HH
40. Job Seeking Skills#	JSS	81. HOSA Service Project	NS
41. Organizational Leadership#	OL	"M" in front of an event code designates a special event ONLY open to Middle School members * Denotes events for students under IDEA # Denotes events requiring digital upload	
42. Prepared Speaking	PS		
43. Researched Persuasive Writing and Speaking#RPS	RPS		
44. Research Poster#	RP		
45. Speaking Skills*#	SS		

**National Geographic Learning Academic
Testing Center Events – Provided by National
Geographic Learning / Cengage**

1. Allied Health Statistics
2. Anatomy and Physiology
3. Biochemistry
4. Biology
5. Career Development
6. General Chemistry
7. Human Heredity
8. Math for Health Professionals
9. Microbiology
10. Organic Chemistry
11. Physics College

**National Geographic Learning Academic
Testing Center Events – Provided by
American Academy of Family Physicians**
12. AAFP Family Medicine Career Test

**National Geographic Learning Academic
Testing Center Events – Provided by
by CareerSafe**
13. Occupational Health & Safety

**National Geographic Learning Academic
Testing Center Events – Provided by
Corporate Education Resources, Inc.**
14. Leadership